



*A Publication for the Family and
Friends of Adult Care Services*

FALL 2009



The Scoop From Rhonda!

*Welcome to the
Fall 2009 newsletter!*

We are so excited to be working on a new program to define the culture at Adult Care Services (ACS). We have been practicing Person Centered Care for the last seven years, and know that our residents and participants receive wonderful care. Now it is time to examine our culture and improve the quality of life for the rest of our ACS community.

We are calling our new philosophy "Honoring Life". Honoring Life supports Person Centered Care, Customer Service, and a Code of Honor. One of the first things we did was to change our terminology from "staff" to "care partners", as everyone who works at ACS is truly a partner in the care of our residents and participants. Next, we appointed Mike Di-reen to be Director of Care Partner Relations. His role is to orient new care partners to our philosophy, and to ensure that current care partners understand and embrace the values of these transformative practices.

Please read the article in this newsletter,

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Board of Directors News

Charles Taylor, Taylor & Padgett Financial Group, stepped down from the Board after seven years of service. Charlie brought his financial expertise to the Board, as well as a heartfelt commitment to The Margaret T. Morris Center and the Centers Adult Day Services. We sincerely thank Charlie for his support.



Rhonda Sandler, Eric Johnston, Robert Beyea, Charles Taylor and Elizabeth Harris at the award presentation.

Adult Care Services welcomes four new Board members: Michael Geboy, Fetu Escoto-Dyke, Patricia Bessey, and Dr. Richard DeMark:

~Michael Geboy - Executive Director/ Partnership Director, Southwest Health Professions Education Center, VA Medical Center.

~Fetu Escoto-Dyke - Owner and Operator, along with her husband, Clay, Star Struck! Event Planning.

~Patricia Bessey - Recently retired to Prescott; former Client Services Associate with UBS Financial Services in Connecticut.

~Dr. Richard DeMark - Adjunct Professor Oral Pathology, School of Dental Hygiene, Rio Salado Community College; Phoenix, AZ, and a practicing dentist in Prescott for many years.

Being part of the Board is an important contribution to the company, and we are grateful to all of our Board members for their time and dedication.

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THE SCOOP CONTINUED ...

which will further explain our new philosophy and stay tuned as we refine and define this cultural change.

*~Rhonda Sandler
Executive Director, Adult Care Services*



New look of the Margaret T. Morris Building!

Stop by to see the new bright and shiny positive look of the exterior of the building. It is painted a fresh new color and is easy to find on 878 Sunset Avenue!

ACS Community Involvement

Adult Care Services cares deeply about the individuals we serve and also about the people who reside in our local community. In fact, an essential aspect of our Code of Honor is that we give back to our local community. Recently, community food drives were held at the Centers Adult Day Services in Prescott and Prescott Valley. In addition, Care Partners from Adult Care Services will be showing their support for the Northern Arizona Alzheimer's Association by participating in the 2009 Memory Walk. If you know of a local cause that could benefit from our involvement, please contact Mike Direen, Director of Care Partner Relations at (928) 441-1030. We would love to help in any way possible!

The Family Corner...

Often when you love someone, you fail to recognize certain signs as they present themselves. Nell, even though having earlier stages of dementia, needed greater support than her general assisted living community could provide. I realized that she needed specialized memory care when, among other things, she stopped eating. Help presented itself in the form of The Margaret T. Morris Center. Here Nell receives care that is tailored to her specific needs which is met with kindness, patience and compassion. For me, there is no greater peace to know that my loved one is again safe, very active, eating well and more so, happy.

Astryd Allen



A Heartfelt THANK YOU! to Laurel Walker-Denton, from the Bar-U-Bar Ranch as well as horse owners, Tom and Mary Ann Kirastoulis. M&M, a well trained horse, came to visit the residents at the Margaret T. Morris Center and the participants at the Prescott and Prescott Valley Center Adult Day Services on September 9th. Laurel took M&M around to each person so they could touch, pet, hug and brush the well behaved and loveable horse.



Elaine Beasley, a Prescott Valley Day Center client gives a big smile to Laura and a friendly pat to M&M.

Rev. Dave Burnett, a Day Center client in Prescott enjoys petting M&M.



Photo's courtesy of Bev Pettit.

Horticultural Therapy Update...

Margaret T. Morris literally “raised” vegetables, flowers and herbs this summer by adapting the existing garden beds in the Thyme Square section of the Bob and Dudie Kieckheifer Strolling Garden. As a means of creating a safer and more comfortable garden for the residents to work in, the planters were built up to heights of two and three feet. This was possible thanks to donations of time, talent and finances from so many. Robert Burford, a Prescott architect and great friend of Adult Care Services, coordinated this effort. Robert did it all! Whether taking measurements, finding the contractor, moving soil, laying concrete, digging trenches, adding drip irrigation, painting, and more, Robert was always there. The residents at MTM have been enjoying the fruits of his work all summer with fresh zucchini, tomatoes, peppers, eggplant and herbs for tasting, and abundant flowers for arranging. We thank Robert and all who helped in creating this wonderful change in the garden.

Code of Honor

At Adult Care Services, we feel it is important to clearly define our shared beliefs and organizational identity. Because of this, we recently established a Code of Honor that describes who we are and what we stand for as an organization.

The values promoted in the ACS Code of Honor unite all Care Partners and form the basis for our decisions and actions so that a positive environment continues to be enjoyed by all.

Choose a positive attitude

Celebrate success

Positive self-talk at all times

If you have something to say,

say it to the person involved

Give back to the community, both

individually and as a company

Focus on the solution, not the problem;

see problems as opportunities

Speak to others in a positive manner

Have confidence that you are good at what you do

Always support, motivate and respect your teammates

Keep personal issues at home

Be honest and have integrity

Be accountable



Lucy's Bar & Grill sponsored a fundraising benefit on September 15, 2009 for the Prescott Valley Center Adult Day Services. A big “Thank you” to Kim Stan for her generous donation and a very successful event!



Mary Gallagher, Case Manager, Elaine Beasley, client and her daughter Kim Stan, presents the check!

Centers Adult Day Services Sponsor Flu Clinics

Flu season is approaching and The Centers Adult Day Services is taking action to help people stay healthy. The Centers will be sponsoring Mollen Immunization Clinics to give both the flu shot and pneumonia vaccination.

The first clinic will take place on Friday, October 16 at The Center in Prescott at 826 Sunset Avenue, from 9 am - 12 noon.

The second clinic will take place on Friday, October 23 at The Center in Prescott Valley at 3407 N. Windsong Drive, from 9 am - 12 noon.

Flu shots are \$25.00 and the pneumonia vaccination is \$50.00. Please bring third party payment insurance information such as Medicare/Medicaid. In addition, The Centers will provide refreshments, tours and information regarding the day center programs.

Contact Yvonne Napolitano, Director of Community Relations at 928-771-2335, ext. 102 with any questions.

ADULT CARE SERVICES BOARD MEMBERS

Robert Beyea

Michael Keller

Elizabeth Harris

Fetu M. Escoto-Dyke

Michael J. Geboy, Ph.D

Dr. Richard DeMark

Patricia H. Bessey

**Adult Care Services is a
501(c)(3) non-profit
organization**

*Donations can be made at our website
www.AdultCareServices.org*



www.adultcareservices.org

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Prescott

The Center Adult Day Services

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