

Summer  
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Adult Care Services remembers  
Susan J. Rheem 1944-2011  
Founder, Adult Care Services

On Saturday June 11, the Prescott community and Adult Care Services said good-bye to a dear, long-time friend and ACS' founding Executive Director, Susan J. Rheem. It was with great sadness that Susan passed away unexpectedly on April 18. At her memorial service held on June 11 at the Unity Church in Prescott, Susan's children said "Mom had a rippling effect on people. She touched so many at the local and national level with her compassion, honesty and can-do attitude in helping people get the care they needed."

Following a heartwarming eulogy and testimonies by those who had been touched by Susan's caring, a beautiful celebration of her life followed in the gardens at The

Margaret T. Morris Center. With friends and family abound, Susan was remembered through photos of her life work over the years and with one of her favorite musical groups "D Squared" performing in the gardens.

To continue to honor the work of Susan in helping families, Susan's children, Devon and Darren request that donations be made to the Susan J. Rheem Scholarship Fund to support those in need of adult day services. Your generosity is much appreciated. Checks can be made to Adult Day Care Services, memo Susan J. Rheem Scholarship or by going to our website to the donations page and using Paypal.

## Adult Care Services Welcomes...



Dr. Peter Powers as their new Medical Director. Dr. Powers has been in the Prescott area for 20 years and has operated his own family practice in Prescott since 1993. He earned his M.D. in 1976 from the University of Wisconsin, WI. His specialties include diabetes, fitness and wellness, and he sees many patients in his practice who have dementia. In his own words, Dr. Powers “specializes in people,” which is a perfect fit for our Person-Centered Care philosophy. Dr. Powers has been a great friend and supporter to Adult Care Services for many years and we are very pleased to welcome him as our new Medical Director.



Mary Adamson; Wellness Director at The Center Adult Day Services in Prescott, received her nursing license in 2006 and her bachelor’s degree in 2010. While working at a hospital she realized that she loved working with the geriatric population. Mary started working at a long-term care facility in 2007 and believes there is so much she can learn from working with the elderly. She appreciates the love, honesty, and gratitude they freely give. The best way Mary can describe it is that they make her heart smile. She feels so blessed to be here and know this will be a rewarding experience



Shelley (Brinkerhoff) Fields, the new Activity Director for the Prescott Adult Day Center. Shelley has been in Prescott four years working as an activity director or Assisted Living manager in Prescott and Prescott Valley. She grew up in California and spent the first 11 years of her career in New Jersey as a music and activity therapist. Shelley also specialized in dementia care and helped develop and open two dementia special care units in New Jersey. As a musician, Shelley loves Prescott. She plays French Horn with the Prescott POPS Symphony and the Central Arizona Concert Band. She also plays the bass steel drums with Prescott’s own Pandemonium.



Stephen Whisenhunt, Director of Fund Development for Adult Care Services. He has a Master of Science Degree, an MBA and comes from 20 plus years as an executive with large companies such as GE and Philips. Stephen has worked the past several years with numerous nonprofit organization in the area of fund development. Stephen is a native of Arizona (born in Tempe) and been in the Prescott area four years. Stephen’s grandmother suffered from Alzheimer’s Disease prior to her passing and he has a special passion for organizations that provide services for the elderly, and individuals with dementia related illnesses.



Alex Schreivogel, the new Director of Culinary Services for Adult Care Services. Alex is a native of Arizona born in Phoenix and grew up in Cottonwood. He moved to Prescott six years ago. Alex has been cooking professionally for 16 years. In his spare time he further hones his cooking skills at home. He enjoys camping, hiking, and fishing. Alex has a beautiful 2 ½ year old daughter who he loves dearly.

**REMINDER:** Your referrals mean the world to us. If you are an ACS care partner, family member or volunteer; we offer a referral bonus when you recommend new employees or participants who become a part of of the ACS family. Contact Denise Robbins in Human Resources to learn more.

## Get Involved at ACS

**Volunteer:** Throughout the year Adult Care Services relies on volunteers for a number of needs from Groundskeeping, and Gardening, to Entertainment, Activities Clerical help and more. Volunteers play an extremely important role in our organization providing much needed assistance to our professional staff.

**Sponsor a participant:** The Susan J. Rheem Scholarship fund supports enrolled individuals whose lives are enriched each day they attend. Donations to the Scholarship fund help to support those who might not otherwise be able to participate.

**Planned Giving:** Each year a number of dedicated supporters make the decision to include a gift to ACS in their Estate Plans. Including ACS in your legacy supports our continued efforts to provide quality care, quality service and enhance the quality of life for our clients and their families.

**Board Members:** We are always looking for active members of our community who are interested in holding a position on our Board of Directors

To find out more about how you can participate, please come for a tour of our communities and speak with one of our directors.

## “Dine and Donate”

Please join ACS and our restaurant partners and friends during the month of August for our Dine and Donate Campaign. Throughout August, you can dine out and enjoy a wide variety of ethnic food while helping Adult Care Services;

Restaurants will participate with ACS by providing donation envelopes to their guests. At the end of August, All money raised through the Dine and Donate Campaign will be used to fund designated programs at ACS.

Please check our website later this month at [www.adultcareservices.org](http://www.adultcareservices.org) for details and locations of participating restaurants - Dine out at any of these fine establishments during the month of August and help out ACS

## Needs Met by My Care Partner Non-Medical In-Home Care

MCP continues to grow with many new in-home care clients. For some this is the first step to introduce care in a non-threatening way prior to the start of one of our communities, to support those with a short-term illness or to support those living at home who just need a little help. Regardless of what your needs are, our trained and certified assisted living caregivers will support you in the comfort of your own home. Many ask, “Will my Long Term Care policy cover In-home care? The answer is maybe depending on your coverage. Contact us today regarding YOUR needs.



## First Donation of New Fiscal Year

On Friday, June 2nd, The Chino Valley Lioness Club led by their President; Helen Larsen toured the communities at The Centers Adult Day Services and The Margaret T Morris Center. They made a \$500 donation to the Susan J. Rheem Scholarship Fund which supports individuals in need of financial assistance in order to participate at the day centers. We have a large group from Chino Valley and ACS provides transportation services to and from the Center.

**REMINDER:** Donate your gently used clothing and other household items to Stepping Stones Thrift Store on Goodwin Street in Prescott. Stepping Stones provides a blend of therapeutic & advocacy responses to women and their children seeking help from many forms of abuse, victimization and homelessness. If you mention Adult Care Services at the time of your donation, Stepping Stones will donate 8 cents per pound of your donation back to Adult Care Services.

## Five key areas of the ACS Business Plan

In fulfilling our mission of “*Quality Care, Quality Service, Quality of Life*”, Adult Care Services has a business plan. The success of this business plan depends on the input of those we serve and work at our communities.

Our current business plan includes 5 key areas:

1. Becoming a Fully Integrated Constructive Culture
2. Creating Public Awareness
3. Empowering Care Partners
4. Financial Stewardship
5. Enhancing the Appearance of Our Buildings

### Becoming a Fully Integrated Constructive Culture

When visitors walk through the doors of any ACS community, one of the first things they notice is the cheerful, welcoming atmosphere. Maintaining a constructive culture and fully integrating this culture into all areas of our services is vitally important to us.

In this area, we ensure that all Care Partners receive training in the ELITE program. ELITE stands for Exceptional Leaders Integrating Teamwork Excellence, and is a program based on developing a constructive culture through Care Partner empowerment, self-esteem and goal-setting.

We are also strengthening our relationship with CARF, an accreditation agency that helps ACS reach the highest standards of care and service. The Margaret T. Morris Center currently holds its third 3-year accreditation from CARF. This is the highest accreditation available for our community. The Centers Adult Day Services will be seeking accreditation in the near future.

### Creating Public Awareness

Whether it is in-home care, day services, residential memory care or caregiver and assisted living manager training, we want the public to think of Adult Care Services first. Many of our directors, managers and department heads attend networking events in the community. In addition, ACS has a Facebook page. Families, Care Partners and others can check in and see the latest happenings. Find our Facebook link on our website: [www.AdultCareServices.org](http://www.AdultCareServices.org).

### Empowering Care Partners

Care Partners throughout ACS have an integral role in actively propelling us toward our vision, mission and goals. We understand the importance of hiring the right people, providing quality training and offering Care Partners the support they need.

Care Partners throughout ACS receive training in topics such as proper hiring techniques, budget maintenance and conflict resolution. This is in addition to the extensive caregiver and manager certification training we provide through our Education and Training department. Monthly meetings offer Care Partners in every department to have an opportunity to offer ideas for improvement.



### Financial Stewardship

As a nonprofit, we understand the importance of being good financial stewards and maintaining fiscal responsibility.

In this area, we have budget trainings to empower department heads and managers with the knowledge they need to maintain their individual budgets to provide the most benefit to those we serve.

### Enhancing the Appearance of our Buildings

At ACS, we take pride in the quality care and service we provide. We want those we serve and work alongside to be proud of the work environment.

We are actively involving the individuals we serve in décor decisions. For example, Participants at The Center in Prescott helped pick out the color of the outside entrance area. We are also looking into funding options for renovating The Margaret T. Morris Center. Updating inside living spaces and creating a new area of the garden for residents to independently access the outdoors is in-store for the future.

If you have any questions regarding the Adult Care Services business plan, please do not hesitate to contact Yvonne Napolitano at (928) 771-2335. The success of this business plan depends on your involvement and input, so we sincerely appreciate your feedback.

## Fund Development kicks off MTM “Bricks and Mortar” Project

The Margaret T Morris Center recently launched a “bricks and mortar” campaign to raise funds for renovating the community. Now 12 years old and wanting to maintain the highest quality standard, modern updates and modifications are needed. Estimates for this project have come in at over \$200,000.

This project will include 3 primary components:

- **Repair and Renovation:** This component includes but is not limited to painting, new flooring and carpeting, upgrading the lighting, bathroom renovations and repairs, installation of a new sound system and an overhaul of the classroom to include state of the art electronic white boards, computers and other technology devices.

- **Remodelling and redecoration of the living areas;** The center’s two floors are subdivided into distinct and separate “neighborhoods”. This provides the residents with a greater sense of structure. These neighborhoods are in need of updated furnishings for our residents. This includes, but is not limited to bedroom sets, window furnishing and linens, sofas, recliners, dining sets and large screen televisions.

- **Strolling Gardens :** Currently the strolling gardens provides a peaceful and relaxing environment where the residents may enjoy time with friends and family. The challenge is in the slopes and steps throughout the garden where there may be risk of fall if the residents are not accompanied by a caretaker or family visitor. Renovations to extend a large patio area off of the building and make the gardens wheelchair accessible will allow all residents to enjoy the garden setting and participate in horticultural therapy activities with minimal supervision.

**REMINDER:** Donate your old car for charity and have the proceeds from the sale help Adult Care Services. You can make a donation through “Cars 4 Charities” and designate the funds from the sale to go to ACS. Log onto [www.cars4charities.org](http://www.cars4charities.org) for more information.



## Adult Care Services Hosts Annual Spotlight Luncheon



On June 28<sup>th</sup> Adult Care Services hosted a Spotlight Luncheon in the gardens at MTM. Spotlight, lead by Kyle Lewis of Phoenix, is a group focusing on educating agencies who serve seniors about community referral sources. 55 people were in attendance. This month the “spotlight” was on the services of ACS including a special presentation by Pam Catlin, Horticultural Therapist. Our Chef, Alex Schreivogel and staff, served a delicious and beautifully presented lunch.

## Margaret T Morris Center receives donation of Burning Bush



*Horticultural Therapist; Pam Catlin (far right) stands next to Gloria Gooder and members of the Alta Vista Garden Club. The Margaret T. Morris Center gardens received a beautiful “Burning Bush” plant that was thoughtfully donated by the Alta Vista Garden Club in memory of former resident and Alta Vista Garden Club member, Don Gooder.*

## City of Prescott SNAP Signers perform at The Center Adult Day Services



As a part of the city of Prescott’s Special Needs Activity Program (SNAP) the “Signers” group recently performed for The Centers Adult Day Services in Prescott Valley. Led by Kathy Lilley, members of the SNAP signing team taught participants some of the frequently used signs and conducted a “Sing-a-long”. The SNAP signing team was also invited to perform the National Anthem at this years Prescott Rodeo.

Both locations of The Centers Adult Day Services in Prescott and Prescott Valley welcome artists and performers who are willing to donate their time to perform for our staff and participants. If you are interested in sharing your skills, please contact Laura Dreibelbis or Karen Brewer through our main switchboard.

## Our ACS Website has a new look !

Please take a moment to view our new website at [www.adultcareservices.org](http://www.adultcareservices.org) as it has been recently updated and re-designed. It has a nice, fresh look and it explains all of our programs, as well as, our philosophies of care and the culture of Adult Care Services as a whole. There are some great testimonial videos as well!

## Adult Care Services Hosts Veteran’s Benefits presentations



On June 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup>, Adult Care Services hosted presentations at The Centers Adult Day Services in Prescott Valley and Prescott and also at The Margaret T. Morris Center. The presentations were given by Herb Penning, an affiliate of US Benefits Analysts. Herb educated the public about benefits that are available for Veterans and spouses / widows of Veterans.

Many people are often unaware of these benefits and (*as you can imagine*) the attendees were overjoyed to find out that these benefits exist, as well as how to apply and who might be eligible. There was a large turnout at all three locations!

### Our Board of Directors:

Yvonne Napolitano	Executive Director
Bob Beyea	President
Elizabeth Harris	Treasurer
Michael Geboy	Secretary
Patricia Bessey	Member
Lynn Harris	Member

**REMINDER...Donate your newspapers in the Prescott Noon Lions Club collection carts located at various places in our community. The money collected from their recycling projects funds the Lion’s contributions to our local community including The Center Adult Day Services Scholarship Program.**

Adult Care Services is a 501 (c) (3) non-profit organization.

Make your tax-deductible donations on our website at

[www.AdultCareServices.org](http://www.AdultCareServices.org)



Adult Care Services is an Equal Opportunity Provider