This November, there are a variety of holidays that encourage the gathering of families and friends: Día de Muertos in Mexico, Diwali in India, Thanksgiving in the United States, Saint Andrew’s Day in Scotland, and many others. These holidays offer the perfect opportunity to “break bread” with loved ones. While many will literally be breaking bread at their feast tables, the expression “break bread together” denotes sharing more than just food, but also feelings of love, trust, and togetherness.

Many believe that the phrase “breaking bread” originated in the New Testament of the Bible, where Jesus broke bread and shared it with his apostles during the Last Supper. It was this Scriptural sharing of bread that provides the basis for the Eucharist, or “Holy Communion.” However, the ritual breaking of bread dates back to before the Last Supper and has a long Jewish history, a history with which Jesus, as a Jew, was familiar. The Jewish ritual of Shabbat involves breaking bread. Indeed, according to laws given to Moses by God, 12 breads were supposed to be placed in the Tabernacle each Sabbath.

Notable Quotable

“If your ship doesn’t come in, swim out to it.”
—Jonathan Winters, comedian

November Horoscopes and Birthdays

In astrology, those born November 1–22 are the scorpios of Scorpio. Scorpios are passionate and assertive, yet they are also known to keep cool. This composure makes them good leaders and loyal friends. Those born between November 23–30 are centaur archers of Sagittarius. Archers are curious, energetic, and enjoy change. They are funny and enthusiastic, cherishing freedom and independence.

November Birthdays

Wayne M...10th
Myron S...10th
Betty F...12th
Paul S...14th
Erika J....7th
Thomas B...18th
Mary L...20th
Johnny U...23rd
Harry F...25th
Robert M...28th

November 2019

Our Team

Laura Dreisbelbis
Director
John Shippen
Wellness Nurse
Kerrie Petersen
Activity Director
Ed Moore
Transportation Director
Malinda Brewton
Administrative Assistant
Jim Holmes
Cook
Care Partner Team
Teresa
Cathy
Ken
Marty
Transportation Team
Dave
Peter
Bob

Bread for Breaking and Baking

This November, there are a variety of holidays that encourage the gathering of families and friends: Día de Muertos in Mexico, Diwali in India, Thanksgiving in the United States, Saint Andrew’s Day in Scotland, and many others. These holidays offer the perfect opportunity to “break bread” with loved ones. While many will literally be breaking bread at their feast tables, the expression “break bread together” denotes sharing more than just food, but also feelings of love, trust, and togetherness.

Many believe that the phrase “breaking bread” originated in the New Testament of the Bible, where Jesus broke bread and shared it with his apostles during the Last Supper. It was this Scriptural sharing of bread that provides the basis for the Eucharist, or “Holy Communion.” However, the ritual breaking of bread dates back to before the Last Supper and has a long Jewish history, a history with which Jesus, as a Jew, was familiar. The Jewish ritual of Shabbat involves breaking bread. Indeed, according to laws given to Moses by God, 12 breads were supposed to be placed in the Tabernacle each Sabbath.

But for breaking and baking.

As luck would have it, Homemade Bread Day falls on November 17. Homemade bread fills the house with wonderful smells that are bound to attract a crowd. Challah is the traditional Jewish Sabbath loaf. A yeast bread with honey-sweetened and egg-enriched dough, challah makes a light, tender loaf that is golden brown. The braided loaf looks like intertwined arms, symbolizing love or the interlocked principles of peace, truth, and justice. Its 12 humps recall the 12 ritual breads meant for the Tabernacle and the 12 tribes of Israel. With such a storied history, it is easy to see how sharing bread has come to symbolize a nourishing meal for both the traditions that we get the expression “breaking bread.”

Burt Lancaster – November 2, 1913
Art Garfunkel – November 5, 1941
Marie Curie – November 7, 1867
Alire Woodard – November 8, 1952
Carl Sagan – November 9, 1934
Jonathan Winters – Nov. 11, 1925
Whoopi Goldberg – Nov. 13, 1955
Georgia O’Keeffe – Nov. 15, 1887
Alan Shepard – November 18, 1923
George Eliot – November 22, 1819
Boris Karloff – November 23, 1887
Charles Schulz – November 26, 1922
Mark Twain – November 30, 1835

November Birthdays

Wayne M...10th
Myron S...10th
Betty F...12th
Paul S...14th
Erika J....7th
Thomas B...18th
Mary L...20th
Johnny U...23rd
Harry F...25th
Robert M...28th

HAPPY BIRTHDAY

November Horoscopes and Birthdays

In astrology, those born November 1–22 are the scorpios of Scorpio. Scorpios are passionate and assertive, yet they are also known to keep cool. This composure makes them good leaders and loyal friends. Those born between November 23–30 are centaur archers of Sagittarius. Archers are curious, energetic, and enjoy change. They are funny and enthusiastic, cherishing freedom and independence.

November Birthdays

Wayne M...10th
Myron S...10th
Betty F...12th
Paul S...14th
Erika J....7th
Thomas B...18th
Mary L...20th
Johnny U...23rd
Harry F...25th
Robert M...28th

HAPPY BIRTHDAY

Notable Quotable

“If your ship doesn’t come in, swim out to it.”
—Jonathan Winters, comedian

November Horoscopes and Birthdays

In astrology, those born November 1–22 are the scorpios of Scorpio. Scorpios are passionate and assertive, yet they are also known to keep cool. This composure makes them good leaders and loyal friends. Those born between November 23–30 are centaur archers of Sagittarius. Archers are curious, energetic, and enjoy change. They are funny and enthusiastic, cherishing freedom and independence.

November Birthdays

Wayne M...10th
Myron S...10th
Betty F...12th
Paul S...14th
Erika J....7th
Thomas B...18th
Mary L...20th
Johnny U...23rd
Harry F...25th
Robert M...28th

HAPPY BIRTHDAY

Notable Quotable

“If your ship doesn’t come in, swim out to it.”
—Jonathan Winters, comedian

November Horoscopes and Birthdays

In astrology, those born November 1–22 are the scorpios of Scorpio. Scorpios are passionate and assertive, yet they are also known to keep cool. This composure makes them good leaders and loyal friends. Those born between November 23–30 are centaur archers of Sagittarius. Archers are curious, energetic, and enjoy change. They are funny and enthusiastic, cherishing freedom and independence.

November Birthdays

Wayne M...10th
Myron S...10th
Betty F...12th
Paul S...14th
Erika J....7th
Thomas B...18th
Mary L...20th
Johnny U...23rd
Harry F...25th
Robert M...28th

HAPPY BIRTHDAY

Notable Quotable

“If your ship doesn’t come in, swim out to it.”
—Jonathan Winters, comedian